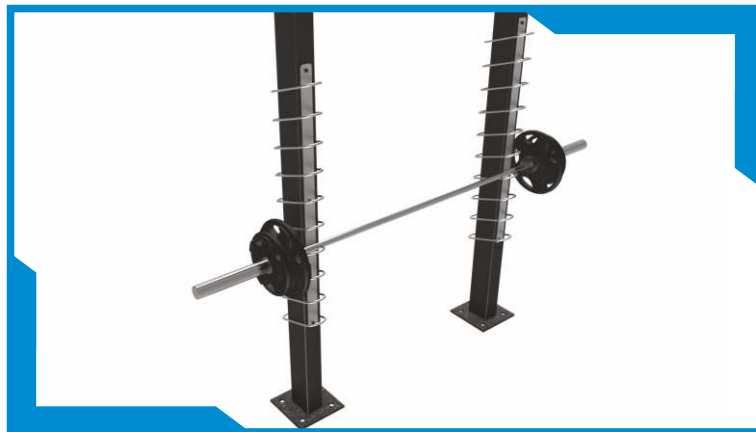
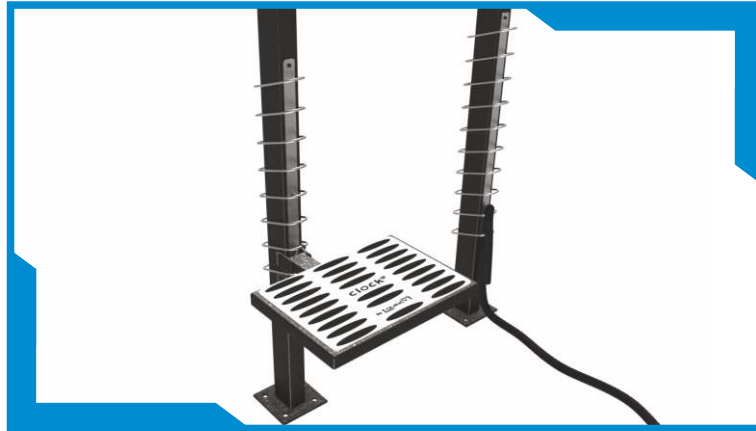




 **STYLISH**



„Iron Halo System”








- Safety and ease of assembling the accessories
- Imperishable, stainless steel halos
- No unsightly and ghastly holes in the posts

„Clock Triangle”



- Hundreds of functionalities
- Faultless designation of the stations - „hours”
- Interchangeable components

DIFFERENCES

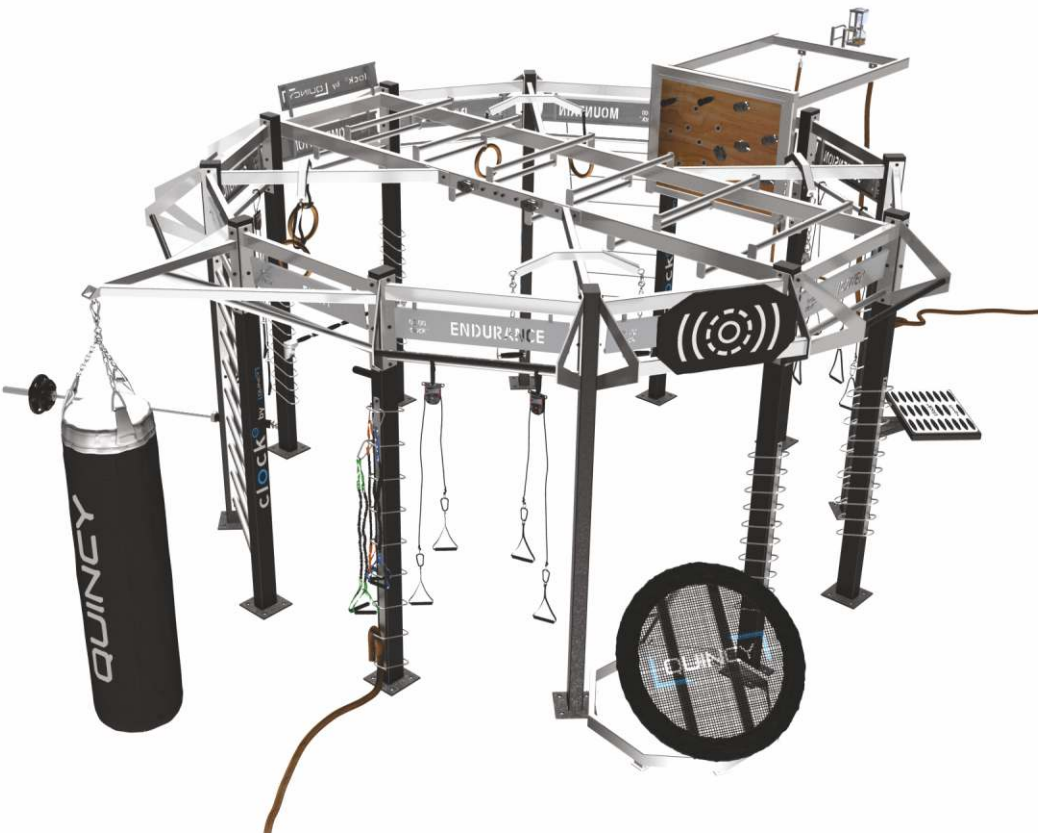
-  Made and manufactured in United States of America and European Union
-  All components and sub-components manufactured in USA and EU
-  Stainless steel
-  Antibacterial paint
-  Accessories only from the renowned and reputable manufacturers

„Our purpose was to construct a versatile end product; both for beginners and the most advanced users, however, with the emphasis on the former group. The number of so called 'light exercises' at the low level of difficulty is several times higher compared with the similar constructions. Thanks to this, each fitness club participant can use the 'Clock' and choose the most suitable activity for him/her, not feeling ashamed that she/he is weaker or worse than other people.

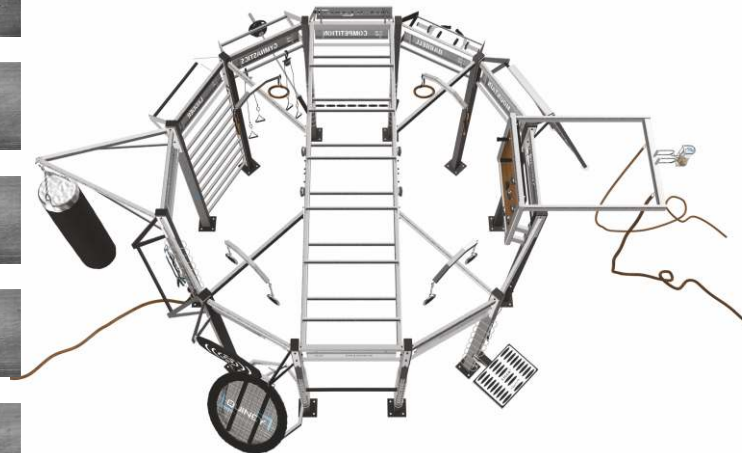
Despite the fact that our aim was to design the construction enabling to execute numerous 'light exercises', 'Clock' is not a functional playground. The advanced users are offered the whole gamut of excellent exercises. The higher training awareness of sportsmen and their training ingenuity is, the more balanced workout can be expected. All these opportunities are provided by a single device, one in a million 'Clock'.

HOW IT LOOKS?

clock¹²



01:00 clock ^o	BALLS
02:00 clock ^o	ENDURANCE
03:00 clock ^o	FIGHT
04:00 clock ^o	LADDER
05:00 clock ^o	GYMNASTICS
06:00 clock ^o	COMPETITION
07:00 clock ^o	BARBELL
08:00 clock ^o	MOUNTAIN
09:00 clock ^o	CLIMBING
10:00 clock ^o	SUSPENSION
11:00 clock ^o	JUMPING
12:00 clock ^o	POWER



WHAT IS INCLUDED IN THE CLOCK'S SET?

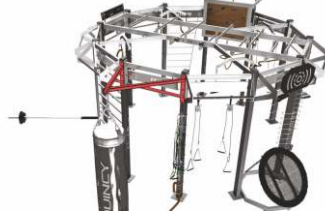
Medicine Ball Reactor



Upper Board for Medicine Ball



Lift for Fight Bag



Fight Bag



Vertical Ladder



Torso Trainer X 2



Iron Halo Bar



Tri-Trap by Hampton



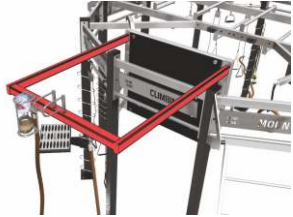
Slanted Ladder



Climbing Board



Lift for Rope Climbing



1,5' Rope



2,0' Rope



Hourglass



Plyometric Platform



Monkey Bar



Gymnastic rings x 2



Chains x 2



Climbing Rocks



Iron Halo System (for 7 poles)



Structure Skeleton



HOW IT LOOKS?

clock⁷



01:00
clock⁷

LADDER

02:00
clock⁷

FIGHT

03:00
clock⁷

BARBELL

04:00
clock⁷

COMPETITION

05:00
clock⁷

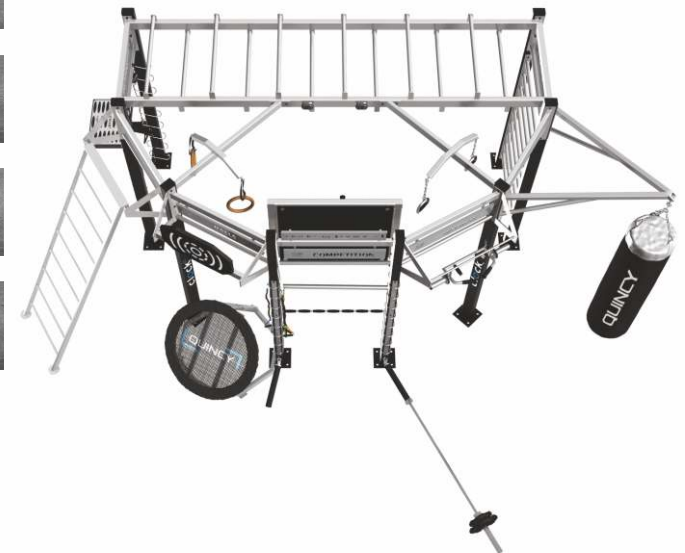
BALLS

06:00
clock⁷

MOUNTAIN

07:00
clock⁷

SUSPENSION

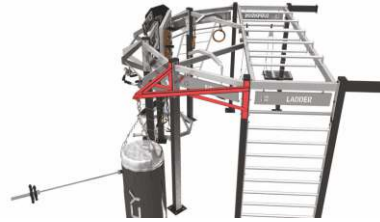


WHAT IS INCLUDED IN THE CLOCK'S SET?

Vertical Ladder



Lift for Fight Bag



Fight Bag



Tri Trap by Hampton



Torso Trainer X 2



Iron Halo Bar



Medicine Ball Reactor



Upper Board for Medicine Ball



Slanted Ladder



Plyometric Platform



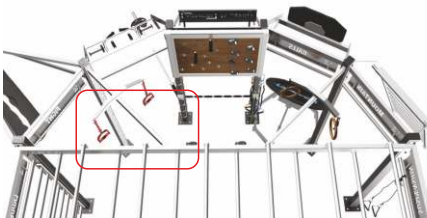
Monkey Bar



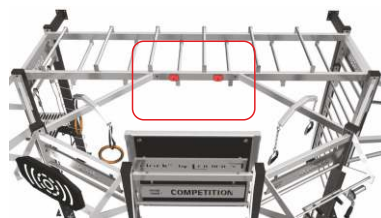
Gymnastic Rings



Chains



Climbing Rocks



Climbing Board



Iron Halo System (for 3 poles)



Structure Skeleton



HOW IT LOOKS ?

clock⁵



01:00
clock⁵

LADDER

02:00
clock⁵

BALLS

03:00
clock⁵

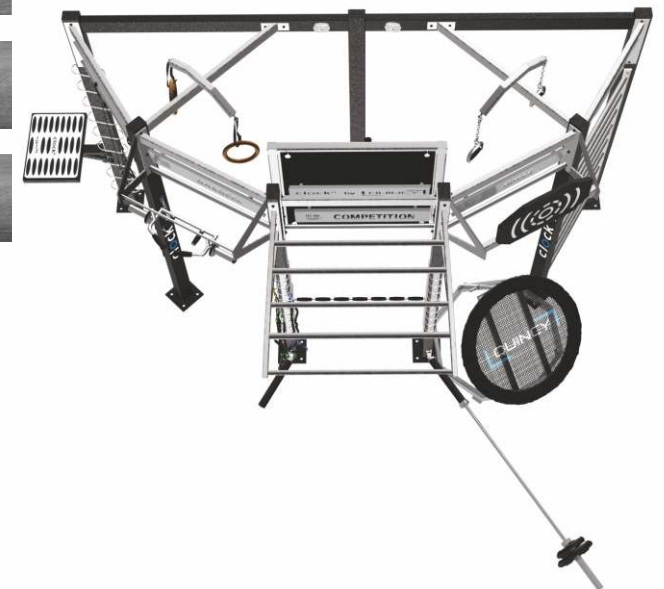
COMPETITION

04:00
clock⁵

BARBELL

05:00
clock⁵

SUSPENSION



WHAT IS INCLUDED IN THE CLOCK'S SET?

Vertical Ladder



Medicine Ball Reactor



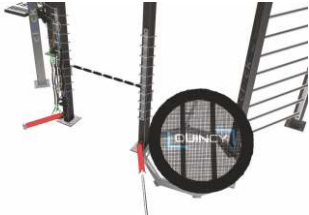
Upper Board for Medicine Ball



Protruding Monkey Bar



Torso Trainer X 2



Iron Halo Bar



Tri Trap By Hampton



Plyometric Platform



Gymnastic Rings



Chains



Climbing Rocks



Climbing Board



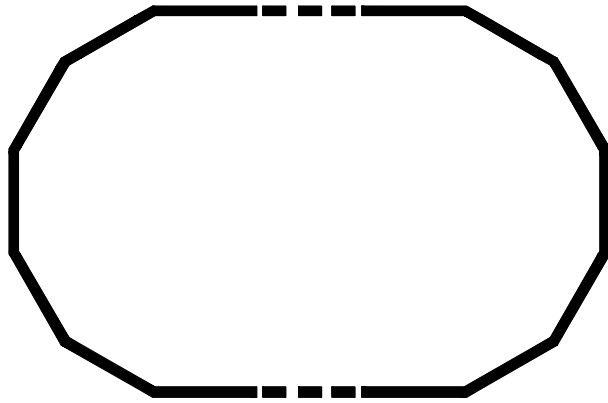
Iron Halo System (for 3 poles)



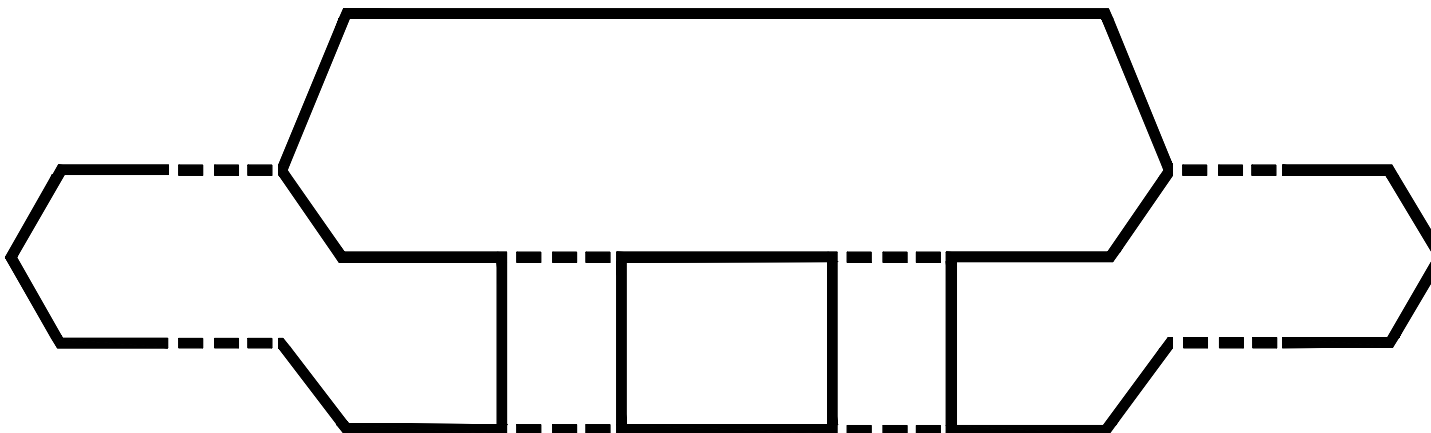
Structure Skeleton



CUSTOM MADE CLOCK



- Envision or contemplating a different shape?
- Perhaps you want something grander and larger?
- The proportions of the club do not allow our suggested dimensions.
- Write to us at design@hamptonfit.eu
- Send us your plan of the club or space
- Our design department will prepare a visual project for free



ADDITIONAL ACCESSORIES FOR FUNCTIONAL TRAINING ZONE

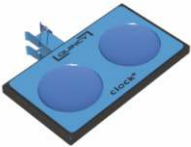
CLOCK ACCESSORIES



DIP



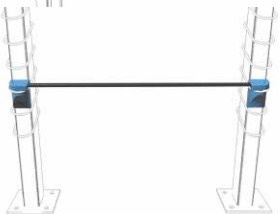
PUT OFF SINGLY



PUT OFF DOUBLE



ABDOMINAL MUSCLES



IRON HALO BAR



ROPE FOR HALO SYSTEM

QUINCY PRODUCTS



H₂O BAG



H₂O BALL



„CLOCK” RACK



„TRIANGLE” RACK



„OCTAGON” RACK

PARTNERS PRODUCTS



CROSSCORE



PLATES



ATTACHMENT BAR



DUMBBELLS



KETTLEBELLS



JACOBS LADDER

Manufacturer:
Quincy Fitness Products
1133 Broadway, Suite 706
New York, NY 10010
USA



clock°

Partner for Croatia
Orlando Fitness Group
Nova Ves 17
10000 Zagreb
Croatia

Orlando Fitness Group

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