

# intenza

550 SERIES STAIRCLIMBER \_\_\_\_\_INTENZAfitness.COM



Custom Settings  Display Readouts Heart Rate Monitoring  On—The—Fly Power Saving System USB Connectivity Built—in TV System	<div> <b>Stairclimber Features</b> <ul style="list-style-type: none"> <li>■ When USB is detected, users may customise (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer. Smart machine will automatically prioritise personalised setting and workout routine with USB login.</li> <li>■ HR, Time, METS, Calories, Distance, Level, Floor, SPM, Workout Summary, Workout Profile</li> <li>■ Polar coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required). Digital contact heart rate technology ensures precision and reliability.</li> <li>■ Allows switching to other workout programs during exercise</li> <li>■ Meets European Directive 2013 EuP standards</li> <li>■ For customised workout, workout results, personal settings, InCare™ and manual software upgrade.</li> <li>• Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For detailed support on Digital TV, contact your Intenza Sales Representative)</li> <li>• Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset.</li> <li>• Standard C—SAFE connectivity facilitates data transfer</li> <li>• Industrial grade 19" TFT capacitance touch screen display for longer life time</li> <li>• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi</li> <li>• Supports smartphone mirroring (iOS/Android)</li> <li>• 20 countries are offered</li> <li>• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by</li> <li>• 10 scenes</li> <li>• Supports InCare™ Online, software update, Internet browsing</li> <li>• xID login <ul style="list-style-type: none"> <li>○ Large LED Dot matrix and 18 characters LED message centre easily provide all needed information</li> <li>○ InZone™ heart rate training provides visual colour feedback to help users effectively optimise their workout efforts at their target heart rate zones</li> </ul> </li> <li>○ Optional accessories support MYE audio receiver</li> <li>○ Complete access and control of user interface features and settings with the convenience of Uni—Dial™</li> </ul> </div>
Connectors C—SAFE Connectivity Display Type InCare™ Online Intenzacast™ Language Screen Saver Virtual Scenery Wi—Fi Capability xID (Netpulse) Display Type InZone™  MYE Audio Kit Options Uni—Dial™ Control	
Easy Step Incline Angle Maximum User Weight Safety Sensor Step Step Height User Height Range Wide SPM Range	<div> <b>Performance Features</b> <ul style="list-style-type: none"> <li>■ 31cm (12.2") step—up height</li> <li>■ 20—40 degrees incline angle</li> <li>■ 181kg (400 lbs)</li> <li>■ Infrared sensor slows down the stairclimber to avoid accident when in danger</li> <li>■ 54cm (21.2") step width; 26cm (10.2") step depth</li> <li>■ 10.4cm (4")—19.6cm (7.7") adjustable—step—height</li> <li>■ 147cm—193cm (4'9" to 6'5")</li> <li>■ Using magnetic—control generator braking system to reach 16—180 SPM range</li> </ul> </div>
Custom Program  Fitness Test HR Control Preset Program Quick Start Race Target Program	<div> <b>Workout Option</b> <ul style="list-style-type: none"> <li>■ 2 different type of profiles (Level, HRC) to create your own workout programs. Setting can easily be saved to USB by day for future use.</li> <li>■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes WFI and CPAT.</li> <li>■ 4 heart rate control programs in constant power mode— HR Zone, Interval, Hill, Cardio Strength</li> <li>■ 10 Preset programs: Main workout types are— Interval, Hills, HIIT</li> <li>■ Quick start is a manual workout. Workout profile and results can be saved to USB.</li> <li>■ Race program offers a fun challenge by racing against existing champion for 20F, 40F, or 80F races</li> <li>■ 3 Target programs: Time (1—99 mins), Distance (1.0—999.9 Floors), Calories (10—9999 Kcals)</li> </ul> </div>
Accessories Holder Cockpit Ergo Bar Control Centre Ergo Handlebar Efficient Adjustment	<div> <b>ComfortFit™ Features</b> <ul style="list-style-type: none"> <li>■ 2 spacious holders for water bottle and accessory storage</li> <li>■ Spaciously designed for your comfort and convenience</li> <li>■ Manual stick shift for speed, and step—height, adjustment at an easy—access position during workout</li> <li>■ Ergonomically designed handlebar with support for maximum comfort in different positions</li> <li>■ Hot keys for increasing, or decreasing, speed and step—height quickly</li> </ul> </div>
Foot Print Product Dimensions Product Net Weight Shipping Dimensions Shipping Gross Weight	<div> <b>Product Dimensions</b> <ul style="list-style-type: none"> <li>■ L x W: 193 x 86cm (76 x 33.8")</li> <li>■ L x W x H (20 Degree): 193 x 86 x 213cm (76 x 33.8 x 83.8")</li> <li>■ 335kg (739 lbs)</li> <li>■ L x W x H: 220 x 96.5 x 163.5cm (86.6 x 37.9 x 64.3")</li> <li>■ 431kg (950 lbs)</li> </ul> </div>

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550 SERIES TREADMILL [INTENZAFITNESS.COM](http://INTENZAFITNESS.COM)



Custom Settings	<b>Treadmill Features</b> <ul style="list-style-type: none"> <li>When USB is detected, users may customise (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer. Smart machine will automatically prioritise personalised setting and workout routine with USB login.</li> <li>HR, Incline, Pace, Time, METS, Calories, Distance, Speed, Workout summary, Workout Profile</li> <li>Polar coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required). Digital contact heart rate technology ensures precision and reliability.</li> <li>Allows switching to other workout programs during exercise</li> <li>Meets European Directive 2013 EuP standards</li> <li>For customised workout, workout results, personal settings, InCare™ and manual software upgrade.</li> <li>Bring the treadmill to stop when it is not in use. Can be set by user</li> <li>Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For details support on Digital TV, contact your Intenza Sales Representative).</li> <li>Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset.</li> <li>Standard C—SAFE connectivity facilitates data transfer</li> <li>Industrial grade 19" TFT capacitance touch screen display for longer life time</li> <li>Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi</li> <li>Support smartphone mirroring (iOS/Android)</li> <li>20 countries are offered</li> <li>Upload 10 image files for messages or commercial advertisements to be displayed during stand—by</li> <li>10 scenes</li> <li>Supports InCare™ Online, software update, Internet browsing</li> <li>xID login <ul style="list-style-type: none"> <li>Bring the treadmill to stop when it is not in use for 60 seconds</li> </ul> </li> <li>Large LED Dot matrix and 18 characters LED message centre easily provide all needed information</li> <li>InZone™ heart rate training provides visual colour feedback to help users effectively optimise their workout efforts at their target heart rate zones</li> <li>Optional accessories support MYE audio receiver</li> <li>Smart Workrate system provides visual colour feedback to help users to optimise their workout efforts for maximum result based on heart rate level, enhance users to stay in their target heart rate zones.</li> <li>Complete access and control of user interface features and settings with the convenience of a Uni—Dial™</li> </ul>
Display Readouts	
Heart Rate Monitoring	
On—The—Fly	
Power Saving System	
USB Connectivity	
Auto Stop	
Built—in TV System	
Connectors	
C—SAFE Connectivity	
Display Type	<b>Performance Features</b> <ul style="list-style-type: none"> <li>2.5mm pre—waxed belt</li> <li>AC inverter</li> <li>Elastomer shock absorber</li> <li>Double side pre—waxed reversible deck</li> <li>0—15%</li> <li>181kg (400 lbs)</li> <li>4 HP industrial grade AC motor</li> <li>56 x 155cm (22 x 61")</li> <li>0.8—25km/h (0.5—15.6 mph)</li> <li>27cm (10.6")</li> </ul>
InCare™ Online	
Intenzacast™	
Language	
Screen Saver	
Virtual Scenery	
Wi—Fi Capability	
xID (Netpulse)	
Auto Stop	
Display Type	
InZone™	<b>Workout Options</b> <ul style="list-style-type: none"> <li>Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Walk, Run and IPPT.</li> <li>4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength</li> <li>Race program offers a fun challenge by racing against existing champion for 3km, 5km, or 10km races</li> <li>Quick Start is a manual workout. Workout profile and results can be saved to USB.</li> <li>3 different type of profiles (Speed, Distance, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use. <ul style="list-style-type: none"> <li>7 custom user programs can easily be saved to USB for future use</li> </ul> </li> <li>20 Preset programs: 4 main workout types are—Interval, Hills, HIIT, 10 Weeks Running <ul style="list-style-type: none"> <li>4 Preset programs: Walking Hill, Speed Interval, High Intensity, 10 Weeks Running</li> </ul> </li> <li>3 Target programs: Time (1—99 mins), Distance (0.5—99.9 km), Calories (10—9999 Kcals) <ul style="list-style-type: none"> <li>3 Target programs: Time (10—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)</li> </ul> </li> </ul>
MYE Audio Kit Options	
Smart Workrate™	
Uni—Dial™ Control	
Belt	
Controller	
Cushioning	
Deck	
Incline	
Max User Weight	
Motor	<b>ComfortFit™ Features</b> <ul style="list-style-type: none"> <li>Conveniently placed accessories holder for portable music players and mobile phones</li> <li>Spaciously designed for your comfort and convenience</li> <li>Manual stick shift for speed and step height adjustment at an easy—access position during workout</li> <li>Streamlined motor cover design offers unobstructed space for running in comfort</li> <li>Dual water bottle holders support 1 litre water bottles</li> </ul>
Running Surface	
Speed	
Step—Up Height	
Fitness Test	
HR Control	
Race	
Quick Start	
Custom Program	
Preset Program	
Target Program	
Accessories Holder	<b>Product Dimensions</b> <ul style="list-style-type: none"> <li>L x W: 215 x 96cm (84 x 38")</li> <li>L x W x H: 215 x 96 x 154cm (84 x 38 x 60") <ul style="list-style-type: none"> <li>236kg (520 lbs)</li> <li>228kg (502 lbs)</li> </ul> </li> <li>L x W x H: 225 x 109 x 75cm (88 x 43 x 29") <ul style="list-style-type: none"> <li>298kg (657 lbs)</li> <li>292kg (644 lbs)</li> </ul> </li> </ul>
Cockpit	
Ergo Bar Control Centre	
Motor Cover	
Water Bottle Holders	
Foot Print	
Product Dimensions	
Product Net Weight	
Shipping Dimensions	
Shipping Gross Weight	



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550 SERIES ELLIPTICAL TRAINER [INTENZAFITNESS.COM](http://INTENZAFITNESS.COM)



Custom Settings	<b>Elliptical Trainer Features</b>		
	<ul style="list-style-type: none"> <li>When USB is detected, users may customise (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer. Smart machine will automatically prioritise personalised setting and workout routine with USB login.</li> <li>HR, Gradient, Time, Intensity, Calories, Distance, SPM, Level, Workout summary, Workout Profile</li> <li>Polar coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability</li> <li>Allows switching to other workout programs during exercise</li> <li>Meets European Directive 2013 EuP standards</li> <li>For customised workout, workout results, personal settings, InCare™ and manual software upgrade.</li> <li>Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For details support on Digital TV, contact your Intenza Sales Representative)</li> <li>Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset.</li> <li>Standard C—SAFE connectivity facilitates data transfer</li> <li>Industrial grade 16" TFT capacitance touch screen display for longer life time</li> <li>Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi</li> <li>Supports smartphone mirroring (iOS/Android)</li> <li>20 countries are offered</li> <li>Upload 10 image files for messages or commercial advertisements to be displayed during stand—by</li> <li>10 scenes</li> <li>Supports InCare™ Online, software update, Internet browsing</li> <li>xID login <ul style="list-style-type: none"> <li>Large LED Dot matrix and 18 characters LED message centre easily provide all needed information</li> <li>InZone™ heart rate training provides visual colour feedback to help users effectively optimise their workout efforts at their target heart rate zones</li> <li>Optional accessories support MYE audio receiver</li> <li>Cordless. Activate and operate console without pedaling</li> <li>Complete access and control of user interface features and settings with the convenience of a Uni—Dial™</li> </ul> </li> </ul>		
	<b>Performance Features</b>		
Display Readouts	<ul style="list-style-type: none"> <li>Self powered hybrid generator delivers consistent performance for a smooth and quiet workout</li> <li>Belt drive system for smoother, quieter performance. Minimise maintenance. Service made quick and easy.</li> <li>High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance</li> <li>16 levels (13°—40°)</li> <li>181kg (400 lbs)</li> <li>630 Watts (Level 40 at 150 SPM)</li> <li>15 Watts (Level 1 at 40 SPM)</li> <li>6cm (2.3")</li> <li>40 resistance levels meets new European EN957—9 standards</li> <li>35cm (13.7")</li> <li>52—55cm (20.4—21.6")</li> <li>147—193cm (4'9" to 6'5")</li> </ul>		
	<b>Workout Options</b>		
	<ul style="list-style-type: none"> <li>Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyiming.</li> <li>4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength.</li> <li>Race program offers a fun challenge by racing against existing champion for 500M, 1K, or 2K races.</li> <li>Quick Start is a manual workout. Workout profile and results can be saved to USB.</li> <li>2 different type of profiles (Level, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use. <ul style="list-style-type: none"> <li>7 custom user programs can easily be saved to USB for future use</li> </ul> </li> <li>10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced. <ul style="list-style-type: none"> <li>5 workout programs in each of the three categories: Incline, Resistance, and Reverse Training</li> </ul> </li> <li>3 Target programs: Time (1—99 mins), Distance (0.5—99.9 km), Calories (10—9999 Kcals)</li> <li>3 Target programs: Time (10—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)</li> </ul>		
Heart Rate Monitoring	<b>ComfortFit™ Features</b>		
	<ul style="list-style-type: none"> <li>Conveniently placed accessories holder for portable music players and mobile phones</li> <li>Ergonomically positioned contact heart rate sensors and incline adjustment buttons at your finger tips for ease—of—use</li> <li>Ergonomic designed oversized foot pedals with soft grip to enhance stability and comfort during workout</li> <li>Robust frame structure designed to ensure stability and durability. Aluminum front post offers aesthetic appeal.</li> <li>Training with incline enhances workout variety while increases workout results to include different muscle groups</li> <li>Synchronising upper body and lower body movement increase overall total body fitness</li> <li>Dual water bottle holders support 1 litre water bottles</li> </ul>		
	<b>Product Dimensions</b>		
On—The—Fly	<ul style="list-style-type: none"> <li>L x W: 209 x 84cm (83 x 33")</li> </ul>		
Power Saving System	<ul style="list-style-type: none"> <li>L x W x H: 209 x 84 x 172cm (83 x 33 x 66")</li> </ul>		
USB Connectivity	<ul style="list-style-type: none"> <li>192kg (423 lbs)</li> <li>188kg (414 lbs)</li> </ul>		
Built—in TV System	<ul style="list-style-type: none"> <li>L x W x H: 220 x 78 x 100cm (87 x 31 x 39")</li> <li>248kg (547 lbs)</li> <li>244kg (537 lbs)</li> </ul>		
Connectors			
C—SAFE Connectivity			
Display Type			
InCare™ Online			
Intenzacast™			
Language			
Screen Saver			
Virtual Scenery			
Wi—Fi Capability			
xID (Netpulse)			
Display Type			
InZone™			
MYE Audio Kit Options			
Smart Energy System™			
Uni—Dial™ Control			
3—Phase Generator			
Belt Drive			
Bottom Bracket			
Incline			
Maximum User Weight			
Maximum Watts			
Minimum Watts			
Pedal to Pedal distance			
Resistance Levels			
Step—up Height			
Stride Length			
User Height Range			
Fitness Test			
HR Control			
Race			
Quick Start			
Custom Program			
Preset Program			
Target Program			
Accessories Holder			
Ergo Bar Control Centre			
Foot Pedals			
Frame			
Incline			
Upper Body Moving Arms			
Water Bottle Holders			
Foot Print			
Product Dimensions			
Product Net Weight			
Shipping Dimensions			
Shipping Gross Weight			

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550 SERIES RECUMBENT BIKE \_\_\_\_\_INTENZAfitness.COM





	<b>Recumbent Bike Features</b> <ul style="list-style-type: none"> <li>■ When USB is detected, users may customise (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer. Smart machine will automatically prioritise personalised setting and workout routine with USB login.</li> <li>■ HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout summary, Workout profile</li> <li>■ Polar coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability</li> <li>■ Allows switching to other workout programs during exercise</li> <li>■ Bike mode allows users to workout at a fixed resistance level regardless of pedal speed. Power mode allows users to workout at a fixed workload measured in watts. Download workout results easily to USB for work rate analysis and performance training purposes.</li> <li>■ Meets European Directive 2013 EuP standards</li> <li>■ For customised workout, workout results, personal settings, InCare™ and manual software upgrade</li> <li>• Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For details support on Digital TV, contact your Intenza Sales Representative).</li> <li>• Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset.</li> <li>• Standard C—SAFE connectivity facilitates data transfer</li> <li>• Industrial grade 16" TFT capacitance touch screen display for longer life time</li> <li>• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi</li> <li>• Support smartphone mirroring (iOS/Android)</li> <li>• 20 countries are offered</li> <li>• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by</li> <li>• 10 scenes</li> <li>• Supports InCare™ Online, software update, Internet browsing</li> <li>• xID login <ul style="list-style-type: none"> <li>◦ Large LED Dot matrix and 18 characters LED message centre easily provide all needed information.</li> <li>◦ InZone™ heart rate training provides visual colour feedback to help users effectively optimise their workout efforts at their target heart rate zones</li> <li>◦ Optional accessories support MYE audio receiver</li> <li>◦ Cordless. Activate and operate console without pedaling</li> <li>◦ Complete access and control of user interface features and settings with the convenience of a Uni—Dial™</li> </ul> </li> </ul>
Custom Settings	
Display Readouts	
Heart Rate Monitoring	
On—The—Fly OptiTrain™	
Power Saving System	
USB Connectivity	
Built—in TV System	
Connectors	
C—SAFE Connectivity	
Display Type	
InCare™ Online	
Intenzacast™	
Language	
Screen Saver	
Virtual Scenery	
Wi—Fi Capability	
xID (Netpulse)	
Display Type	
InZone™	
MYE Audio Kit Options	
Smart Energy System™	
Uni—Dial™ Control	
	<b>Performance Features</b> <ul style="list-style-type: none"> <li>■ Self powered hybrid generator delivers consistent performance for a smooth and quiet workout</li> <li>■ Belt drive system for smoother, quieter performance. Minimise maintenance. Service made quick and easy.</li> <li>■ High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance</li> <li>■ 181kg (400 lbs)</li> <li>■ 640 Watts (Level 40 at 150 RPM)</li> <li>■ 16 Watts (Level 1 at 20 RPM)</li> <li>■ 40 resistance levels meets new European EN957—5 standards.</li> <li>■ 147—193cm (4'9" to 6'5")</li> </ul>
3—Phase Generator	
Belt Drive	
Bottom Bracket	
Maximum User Weight	
Maximum Watts	
Minimum Watts	
Resistance Levels	
User Height Range	
	<b>Workout Options</b> <ul style="list-style-type: none"> <li>■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyiming.</li> <li>■ 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength</li> <li>■ Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races</li> <li>■ Quick Start is a manual workout. Workout profile and results can be saved to USB.</li> <li>• 3 different type of profiles (Level, Watts, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use. <ul style="list-style-type: none"> <li>◦ 7 custom user programs can easily be saved to USB for future use</li> </ul> </li> <li>• 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced</li> <li>• 6 Preset programs: Hill, Interval, Weight Loss, Cross Train, Step by Step, Strength</li> <li>• 3 Target programs: Time (1—99 mins), Distance (0.5—99.9 km), Calories (10—9999 Kcals)</li> <li>• 3 Target programs: Time (10—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)</li> </ul>
Fitness Test	
HR Control	
Race	
Quick Start	
Custom Program	
Preset Program	
Target Program	
	<b>ComfortFit™ Features</b> <ul style="list-style-type: none"> <li>■ Conveniently placed accessories holder for portable music players and mobile phones</li> <li>■ Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on and off the bike.</li> <li>■ Ergonomically designed handlebar with integrated elbow support for maximum comfort in racing position. Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout.</li> <li>■ Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort</li> <li>■ 1/2" incremental seat positions accommodate users from 147—193cm (4'9" to 6'5")</li> <li>■ Ergonomic seat back designed with ventilation, lumbar support and saddle delivers maximum comfort and support for the most rigorous workout.</li> <li>■ Dual water bottle holder supports 1 litre water bottles</li> </ul>
Accessories Holder	
Frame	
Multi—function Handlebar	
Pedals	
Seat Adjustment	
Seat Back and Saddle	
Water Bottle Holder	
	<b>Product Dimensions</b> <ul style="list-style-type: none"> <li>■ L x W: 160 x 71cm (63 x 28")</li> <li>■ L x W x H: 160 x 70 x 124cm (63 x 28 x 49")</li> <li>• 109kg (240 lbs) ◦ 102kg (225 lbs)</li> <li>■ L x W x H: 169 x 38 x 101cm (67 x 15 x 40")</li> <li>• 119kg (262 lbs) ◦ 112kg (247 lbs)</li> </ul>
Foot Print	
Product Dimensions	
Product Net Weight	
Shipping Dimensions	
Shipping Gross Weight	
■ All 550RB Models   • 550RBe2 Only   ◦ 550Rbi Only	
550 SERIES RECUMBENT BIKE_____INTENZAfitness.com	



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550 SERIES UPRIGHT BIKE \_\_\_\_\_INTENZAfitness.COM



Custom Settings	<b>Upright Bike Features</b> <ul style="list-style-type: none"> <li>■ When USB is detected, users may customise (1) Display Unit (2) Age (3) Gender (4) Weight (5) Buzzer. Smart machine will automatically prioritise personalised setting and workout routine with USB login.</li> <li>■ HR, Resistance Level, Time, Watts, Calories, Distance, RPM, Speed, Workout summary, Workout profile.</li> <li>■ Polar coded wireless telemetry technology: built—in heart rate receiver (heart rate transmitter strap required) Digital contact heart rate technology ensures precision and reliability</li> <li>■ Allows switching to other workout programs during exercise</li> <li>■ Bike mode allows users to workout at a fixed resistance level regardless of pedal speed. Power mode allows users to workout at a fixed workload measured in watts. Download workout results easily to USB for work rate analysis and performance training purposes.</li> <li>■ Meets European Directive 2013 EuP standards</li> <li>■ For customised workout, workout results, personal settings, InCare™ and manual software upgrade</li> <li>• Analog/Digital support ATSC, DVB—T/T2/C/S, ISDB (For details support on Digital TV, contact your Intenza Sales Representative)</li> <li>• Support HDMI devices, Ethernet cable network, 3.5mm stereo Headphone Jack, Bluetooth stereo headset</li> <li>• Standard C—SAFE connectivity facilitates data transfer</li> <li>• Industrial grade 16" TFT capacitance touch screen display for longer life time</li> <li>• Smart machine automatically detects when service is needed and sends service diagnostic via Wi—Fi</li> <li>• Support smartphone mirroring (iOS/Android)</li> <li>• 20 countries are offered</li> <li>• Upload 10 image files for messages or commercial advertisements to be displayed during stand—by</li> <li>• 10 scenes</li> <li>• Supports InCare™ Online, software update, Internet browsing</li> <li>• xID login</li> <li>◦ Large LED Dot matrix and 18 characters LED message centre easily provide all the information you need.</li> <li>◦ InZone™ heart rate training provides visual colour feedback to help users effectively optimise their workout efforts at their target heart rate zones</li> <li>◦ Optional accessories support MYE audio receiver</li> <li>◦ Cordless. Activate and operate console without pedaling</li> <li>◦ Complete access and control of user interface features and settings with the convenience of a Uni—Dial™</li> </ul>
Display Readouts	
Heart Rate Monitoring	
On—The—Fly OptiTrain™	
Power Saving System	
USB Connectivity	
Built—in TV System	
Connectors	
C—SAFE Connectivity	
Display Type	
InCare™ Online	<b>Performance Features</b> <ul style="list-style-type: none"> <li>■ Self powered hybrid generator delivers consistent performance for a smooth and quiet workout</li> <li>■ Belt drive system for smoother, quieter performance. Minimise maintenance. Service made quick and easy.</li> <li>■ High performance bottom bracket assembly with precision sealed ball bearing for exceptional performance</li> <li>■ 181kg (400 lbs)</li> <li>■ 640 Watts (Level 40 at 150 RPM)</li> <li>■ 16 Watts (Level 1 at 20 RPM)</li> <li>■ 40 resistance levels meets new European EN957—5 standards</li> <li>■ 147—193cm (4'9" to 6'5")</li> </ul>
Intenzacast™	
Language	
Screen Saver	
Virtual Scenery	
Wi—Fi Capability	
xID (Netpulse)	
Display Type	
InZone™	
MYE Audio Kit Options	
Smart Energy System™	
Uni—Dial™ Control	
3—Phase Generator	<b>Workout Options</b> <ul style="list-style-type: none"> <li>■ Fitness test determines individual's fitness level based on VO2 max standards. Test method includes Astrand—Rhyiming.</li> <li>■ 4 heart rate control programs in constant power mode—HR Zone, Interval, Hill, Cardio Strength</li> <li>■ Race program offers a fun challenge by racing against existing champion for 1K, 2K, or 4K races</li> <li>■ Quick Start is a manual workout. Workout profile and results can be saved to USB.</li> <li>• 3 different type of profiles (Level, Watts, HRC) to create your own workout programs. Setting can easily be saved to USB by day for the future use.</li> <li>◦ 7 custom user programs can easily be saved to USB for future use</li> <li>• 10 Preset programs: 1:3 interval, 1:2 interval, 1:1 interval, 3 step interval, Easy Hill, Rolling Hills, Peak, Hill Step, HIIT Beginner, HIIT Advanced</li> <li>◦ 6 Preset programs: Hill, Interval, Weight Loss, Cross Train, Step by Step, Strength</li> <li>• 3 Target programs: Time (1—99 mins), Distance (0.5—99.9 km), Calories (10—9999 Kcals)</li> <li>◦ 3 Target programs: Time (10—99 mins), Distance (1—99 km), Calories (10—2500 Kcals)</li> </ul>
Belt Drive	
Bottom Bracket	
Maximum User Weight	
Maximum Watts	
Minimum Watts	
Resistance Levels	
User Height Range	
Fitness Test	
HR Control	
Race	<b>ComfortFit™ Features</b> <ul style="list-style-type: none"> <li>■ Conveniently placed accessories holder for portable music players and mobile phones</li> <li>■ Robust frame structure designed to ensure stability and durability. Aluminum components create visual appeal and durability against corrosion. Low cross over design allows for ease of getting on and off the bike</li> <li>■ Ergonomically designed handlebar with integrated elbow support for maximum comfort in racing position</li> <li>■ Handlebar integrated with contact HR and resistance adjustment buttons for ease of use during workout</li> <li>■ Ergonomic oversized pedals with grip and integrated straps for quick adjustments and pedaling comfort</li> <li>■ Ergonomic saddle designed for maximum comfort and support during the most rigorous workout</li> <li>■ 1/2" incremental seat positions accommodate users from 147—193cm (4'9" to 6'5")</li> <li>■ Dual water bottle holder supports 1 litre water bottles</li> </ul>
Quick Start	
Custom Program	
Preset Program	
Target Program	
Accessories Holder	
Frame	
Multi—function Handlebar	
Pedals	
Saddle	<b>Product Dimensions</b> <ul style="list-style-type: none"> <li>■ L x W: 123 x 67cm (48 x 26")</li> <li>■ L x W x H: 122 x 67 x 146cm (48 x 26 x 57")</li> <li>• 78kg (172 lbs) ◦ 62kg (134 lbs)</li> <li>■ L x W x H: 148 x 24 x 109cm (58 x 9 x 42")</li> <li>• 88kg (194 lbs) ◦ 83kg (182 lbs)</li> </ul>
Seat Adjustment	
Water Bottle Holder	
Foot Print	
Product Dimensions	
Product Net Weight	
Shipping Dimensions	
Shipping Gross Weight	

# intenza

550 SERIES GROUP CYCLE \_\_\_\_\_INTENZAfitness.COM



Drive System	<b>Equipment Features</b> <ul style="list-style-type: none"><li>■ Belt</li><li>■ 2—Stage Hybrid Poly—V and Tooth Belt</li><li>■ Robust frame structure designed to ensure stability and durability. Aluminum front post offers aesthetic appeal.</li><li>■ 1:11.8</li><li>■ Adjustable Fore—Aft and Up—Down</li><li>■ Dual sided, SPD compatible and toe cage</li><li>■ 40 Magnetic resistance levels</li><li>■ Fore—Aft and Up—Down</li><li>■ Dual water bottle holders support 1 litre water bottles</li></ul>
Drive Train	
Frame	
Gear Ratio	
Handlebars	
Pedals	
Resistance System	
Seat Adjustment	<b>Equipment Specifications</b> <ul style="list-style-type: none"><li>■ 159kg (350 lbs)</li><li>■ 147.5cm—205cm (58"—80.7")</li><li>■ 162mm (6.37")</li></ul>
Water Bottle Holders	
Maximum User Weight	<b>Equipment Dimensions and Weight</b> <ul style="list-style-type: none"><li>■ 53kg (116.8 lbs)</li><li>■ 130cm (51.18")</li><li>■ 58cm (22.83")</li></ul>
User Height Range	
Q—factor	
	<b>Shipping Dimensions and Weight</b> <ul style="list-style-type: none"><li>■ 106cm (41.7")</li><li>■ 128cm (50.4")</li><li>■ 23cm (9")</li><li>■ 65kg (143.3 lbs)</li></ul>
Equipment Weight	
Length	
Width	
Height	
Length	
Width	
Shipping Weight	